



---

**6th Grade Curriculum**  
**“I Wonder What Happens Next”**

**Lesson 1: Growing Together**

- Discuss what students already know or have heard about puberty
- Propose guidelines for respectful discussions during lessons
- Plan ways to initiate/improve communication with trusted adults regarding growing up

**Lesson 2: How My Body Works**

- Explain the anatomy and physiology of the male and female reproductive system
- Develop a plan for communication with parents of other trusted adults regarding growing up

**Lesson 3: Emotions and Relationships**

- Explain typical social and emotional changes during puberty
- Identify the characteristics of healthy and unhealthy relationships
- Describe ways to demonstrate respect for others.

**Lesson 4: Relationship Challenges**

- Practice ways to demonstrate respect in relationships
- Identify what to do in disrespectful situations
- Discuss disrespectful behaviors that target gender and bullying

## **Lesson 5: Growing Strong**

- Practice role - playing in challenging situation.
- Discuss the responsibility that goes along with becoming a parent.