



Dear Sterling Parents,

Sterling will once again provide the free and reduced lunch program to families who may qualify. This program is separate from the federal lunch program, and therefore Sterling does not receive a federal reimbursement for free or reduced meals that are provided to families. Sterling does, however, use the guidelines published annually by the USDA to determine eligibility.

We will sponsor the first 15 children who qualify by these guidelines. Please refer to the attached chart to see if your family qualifies. If you do qualify, your child(ren) will either receive free lunch or lunch at the reduced rate of \$.40 per day.

To apply for this program, please complete the application form with the required proof of income and return these to the office in an envelope addressed to Denise Kimball. Proof of income level must accompany the application.

Acceptable proof of income may include:

- A paycheck stub that shows the amount and how often it is received.
- A letter from an employer stating gross wages and how often they are paid.
- Notice of eligibility or a check stub from the State Unemployment Office.
- A copy of a court decree, agreement, or copies of child support or alimony checks.
- If you have no income, a brief note explaining how you provide food, clothing, and housing for your household, and when you expect an income.

Families who received free or reduced lunch last year, must re-apply this school year. If you have any questions or need help, please call Denise at 919-462-8889 ext. 470.

Sincerely,

Josie Spreher  
Executive Director